

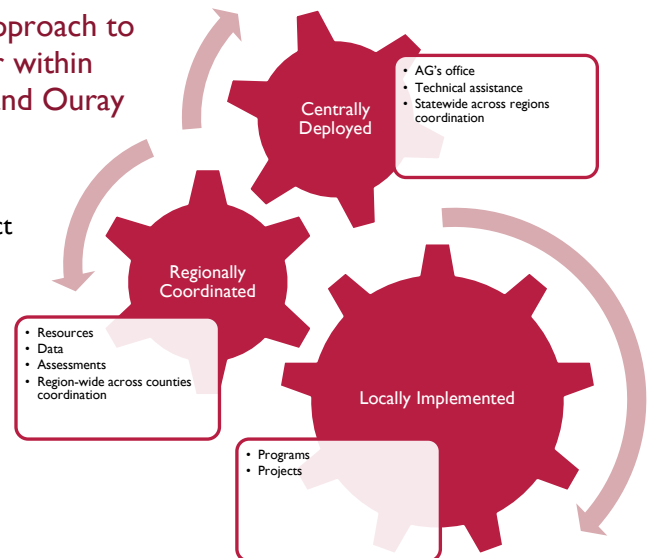
# South West Colorado Opioid Regional Council Proposed Two Year Plan

## We ensure our communities impacted by substance use disorder in are resourced, connected and have pathways to prosperity

**Purpose of SWCROC:** Galvanize a cross-sector, regional approach to prevention, treatment, and recovery of substance use disorder within Colorado’s Delta, Gunnison, Hinsdale, Montrose, San Miguel and Ouray counties.

**Implementation Philosophy:** In order to have the greatest impact across our communities while meeting communities where they are, the SWCROC believes that implementation should be centrally deployed, regionally coordinated and locally implemented.

Plan outline: The plan is broken down into 5 primary areas 1) prevention 2) treatment 3) recovery 4) harm reduction and 5) criminal justice. The goals and strategies for these areas are described below.



### Prevention (Proposed allocation 23%)

Goal	Lead Organization or RFP	Recommended Strategies
Goal 1: <b>Develop and implement primary prevention programs to prevent Opioid Use Disorder</b>	unknown or RFP Process for determining lead organization	<ol style="list-style-type: none"> <li>1. Coordinate and track primary prevention activities (school programs, PDMP, mental health first aid, family resources, etc.) across the region to identify gaps and start to expand free or low-cost programs in local communities across the region.</li> <li>2. Research and recommend best practices in prevention programming in rural communities in order to use what others have found effective rather than developing our own</li> </ol>
Goal 2: <b>Develop and implement a communications campaign to reduce the stigma of mental health and OUD</b>	RFP Process for determining lead organization or GRASP - Gunnison County Consortium for prevention, treatment and recovery of SUD/OUD	<ol style="list-style-type: none"> <li>1. Gather information about national, statewide, and local stigma reduction campaigns and other mental health campaigns. Align communication campaigns where possible and determine gaps for future local or regional campaigns.</li> </ol>
Goal 3: <b>Develop the infrastructure necessary to implement and analyze the effectiveness of prevention programs and strategies</b>	RFP Process for determining lead organization	<ol style="list-style-type: none"> <li>1. Develop a centralized "lifecycle" database that tracks the demographics of the population, intervention efforts and outcomes and ensures non-duplication of services and resources across the region</li> </ol>

### Treatment (Proposed allocation 23%)

Goal	Lead Organization or RFP	Recommended Strategies
Goal 1: <b>Expand and increase treatment options across the region</b>	RFP Process for determining lead organization	<ol style="list-style-type: none"> <li>1. Complete a feasibility study (inter-regional) to increase number of beds for treatment and detox across the region</li> <li>2. Coordinate and track treatment services provided across the region to identify gaps and determine where and how to expand outpatient, MAT, treatment diversity, etc (could be part of the feasibility study)</li> </ol>
Goal 2: <b>Build an infrastructure to successfully implement treatment programs and</b>	Unknown	<ol style="list-style-type: none"> <li>1. Develop and implement a plan to recruit and retain a skilled and diverse workforce</li> <li>2. Support action and activities to ensure accessibility to treatment including transportation and childcare</li> </ol>

strategies and analyze their effectiveness		
Goal 3: <b>Share resources, services, treatment, and workforce across the region</b>	RFP Process for determining lead organization	<ol style="list-style-type: none"> <li>1. Build a system or inventory of services available by provider by community and ensure it is accessible and updated across the region and inter-regionally</li> <li>2. Build communication frameworks to ensure resources and materials are shared across the region</li> <li>3. Ensure systems of share communication exists so that resources that are brought into one community could be accessed by all communities and decrease duplication of services</li> </ol>

### Recovery (Proposed allocation 23%)

Goal	Lead Organization or RFP	Recommended Strategies
Goal 1: <b>Expand recovery groups and community options to community members in recovery and their families, friends and communities of support</b>	Unknown	<ol style="list-style-type: none"> <li>1. Coordinate and track recovery options across the region to identify gaps and develop actions or recommendations to the implemented locally</li> <li>2. Complete a feasibility study for expanding sober facilities and centers that reach the region</li> </ol>
Goal 2: <b>Improve the continuum of care from treatment to recovery in community</b>	Unknown	<ol style="list-style-type: none"> <li>1. Build a referral and/or other system to ensure direct follow-up from care and treatment for those moving from treatment into recovery</li> </ol>
Goal 3: <b>Decrease stigma and discrimination of people living with SUD/OD</b>	Unknown	<ol style="list-style-type: none"> <li>1. Research existing state and local programs for people in recovery (e.g. housing, employment, etc.) and provide education to communities around how and where to access them.</li> </ol>

### Harm Reduction (Proposed allocation 20%)

Goal	Lead Organization or RFP	Recommended Strategies
Goal 1: <b>Increase NARCAN, Fentanyl test strip and safe storage distribution and training across the region</b>	Unknown	<ol style="list-style-type: none"> <li>1. Coordinate and track NARCAN, Fentanyl test strip and safe storage distribution and training across the region to identify gaps and start to ensure the region is accessing, distributing and educating about the use of NARCAN and accessing the state bulk fund for NARCAN</li> <li>2. Once gaps are understood, support local communities to increase NARCAN, Fentanyl test strip and safe storage distribution, locations where it is accessible and training.</li> </ol>
Goal 2: <b>Develop infrastructure to ensure regional surveillance of overdoses</b>	RFP Process for determining lead organization	<ol style="list-style-type: none"> <li>1. Develop a regional data infrastructure where local communities can quickly pull their county specific data while also visualizing regional hot spots/gaps.</li> </ol>
Goal 3: <b>Provide services to families of people with OUD</b>	Unknown	<ol style="list-style-type: none"> <li>1. Coordinate and track services provided to families across the region to identify gaps and develop a continuum of care from treatment to recovery including family support</li> <li>2. Research and recommend best practices in family support programming in rural communities</li> </ol>

### Criminal Justice (Proposed allocation 11%)

Goal	Lead Organization or RFP	Recommended Strategies
Goal 1: <b>Develop a regional strategic plan for the implementation of projects and programs for community corrections, community response, criminal justice and law enforcement</b>	RFP Process for determining lead organization	<ol style="list-style-type: none"> <li>1. Complete a regional strategic plan/feasibility study for projects and programs for criminal justice, law enforcement and non-criminalized responses (adult problem-solving court, diversion and restorative practices)</li> </ol>